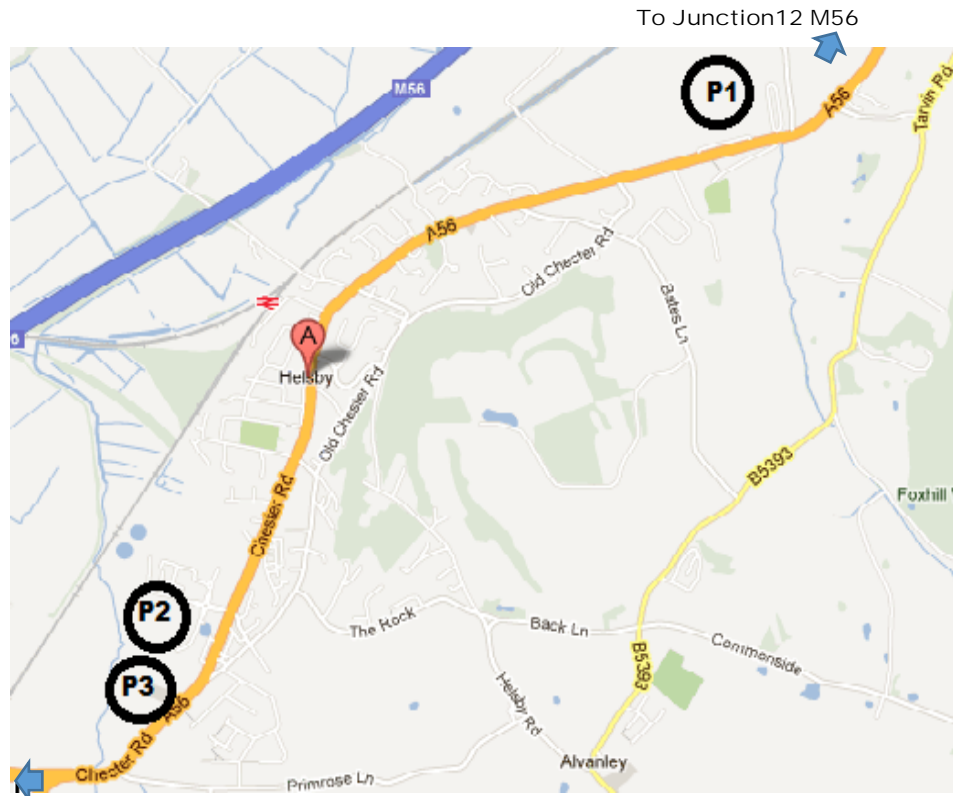


CAR PARKING

Primary parking (P1) is located at Helsby High School. A Park and Ride bus system to the race venue will be in operation. Please exit M56 at junction 12 and follow the A557 to the A56, sign-posted Frodsham, driving through Frodsham to Helsby. The High School will be on your right soon after entering Helsby.

When using the Park and Ride please aim to arrive NO LATER than 9:40 to ensure that we can get you to the start of the race comfortably. Please follow Marshalls' instructions and [park in the indicated areas](#). [Please note there is no parking provided for runners at The Horn's Mill at Helsby \(formally the Helsby Arms\), Tesco's, or the adjacent housing estates or on the main M56.](#)



To Junction 14 M56

Parking at the Club house P3 will be very limited. This will be strictly on a first come basis and will be for mini buses or cars carrying several runners ONLY. When P3 is full drivers will be directed to P2 at Mere's Edge.

We are encouraging as many runners as possible to car share as car parking is limited. Please visit www.racelifts.org to find runners who have entered this race near you. It is simple to register and will enable you to car share to the race.