

Helsby Sports Relief Mile - 20th March 2016

Distance Position	Time (hr:min:secs)	First Name	Last Name	Distance (miles)	Miler Number
1	7.36	Harvey	Culverhouse	1	T1643058
2	7.38	John	Allerston	1	T1643045
3	7.59	Charlie	Ashbrook	1	1-A-0951652
4	8.00	Jane	Ashbrook	1	1-A-0951651
5	8.15	Yvonne	Woodward	1	3-B-0909774
6	8.45	Onye	Chigbu	1	T1642990
7	8.47	Ben	Wild	1	T1643043
8	8.49	Andy	Stamp	1	T1643000
9	8.55	Jack	Hillen	1	3-B-0909775
10	9.07	Garry	Bubb	1	1-A-0936372
11	9.17	Gemma	Garner	1	T1643056
12	9.19	Emma	Halliday	1	T1643009
13	9.25	Sasha	Spencer	1	T1643057
14	9.27	Eleanor	Warburton	1	T1643022
15	9.29	Nathaniel	Cauldwell	1	T1642989
16	9.46	Thomas	Gray	1	T1643033
17	9.48	James	Gray	1	T1643031
18	9.49	Sarah	Sordy	1	T1643035
19	9.52	Mia	Turnock	1	T1643055
20	9.54	Danial	O'Hare	1	T1643020
21	9.54	Jen	O'Hare	1	T1643019
22	9.55	Samuel	Blackshaw	1	1-A-0927105
23	9.55	Leo	Morphet	1	1-A-0927106
24	10.02	Grace	Wheeler	1	T1643025
25	10.02	Andrew	Wheeler	1	T1643024
26	10.15	Lucy	Graham	1	1-A-0955386
27	10.16	Juan	Mottram	1	T1643013
28	10.16	Iain	Mottram	1	T1643012
29	10.16	Laura	Mottram	1	T1643011
30	10.31	Molly	Blackshaw	1	1-A-0927107
31	10.41	Emma	Hillen	1	3-B-0909776
32	10.44	Tilly	Smith	1	T1643038
33	10.49	Nick	Warburton	1	T1643021
34	10.50	Elizabeth	Smith	1	T1643039
35	10.50	George	Smith	1	T1643040
36	10.53	Emily	Smith	1	T1643036
37	10.54	David	Smith	1	T1643037
38	11.21	Lucy	Blackshaw	1	1-A-0927104
39	11.28	Harry	Graham	1	1-A-0955384
40	11.28	Emma	Graham	1	1-A-0955382
41	11.41	Callum	Waddell	1	T1643003
42	11.41	Bruce	Waddell	1	T1643002
43	11.44	Lucy	Vaughan	1	T1642991
44	11.45	Jeanette	Allerston	1	T1643044
45	11.45	Kate	Allerston	1	T1643050
45	11.45	Robert	Allerston	1	T1643051
47	12.34	Harley	Page	1	T1642997
48	12.34	Simon	Page	1	T1642996
49	14.05	Jack	Wilson	1	1-A-0921307
50	14.06	Elizabeth	Wilson	1	1-A-0921303
51	14.09	Isla	Strachan	1	T1643005

52	14.10	Emma	O'Hanlon	1	1-A-0943692
53	14.10	Andrew	O'Hanlon	1	1-A-0943691
54	14.16	Isabella	Lamb	1	1-A-0963922
55	14.20	Adam	Marsden	1	1-A-0923150
56	14.20	Imogen	Marsden	1	1-A-0923151
57	14.36	Ernie	Smith	1	1-A-0963727
58	14.48	David	Smith	1	1-A-0963728
59	14.49	Isla	Smith	1	1-A-0963731
60	15.08	Stephen	Smith	1	1-A-0963729
61	15.10	Amy	Smith	1	1-A-0963726
62	15.10	Isaac	Smith	1	1-A-0963730
63	15.18	Martin	Wilson	1	1-A-0921304
64	15.18	Harry	Wilson	1	1-A-0921308
65	15.40	George	Davies	1	1-A-0925742
66	15.40	Ivan	Davies	1	1-A-0925741
67	15.43	Helen	Farrar	1	T1643052
68	15.43	Harry	Farrar	1	T1643053
69	15.43	Lee	Farrar	1	T164354
70	15.52	William	Lamb	1	1-A-0963923
71	15.52	Amanda	Lamb	1	1-A-0963920
72	15.52	James	Lamb	1	1-A-0963921
73	15.56	Janet	Baines	1	1-A-0963933
74	15.56	Sean	Wratten	1	1-A-0963934
75	16.11	Michael	Vaughan	1	T1642993
76	16.11	Jennifer	Vaughan	1	T1642988
77	16.24	Deborah	Marsden	1	1-A-0923149
78	16.25	George	Marsden	1	1-A-0923152
79	17.17	Rhys	Baynham-Hughes	1	T1643048
80	17.17	James	Baynham-Hughes	1	T1643046
81	17.17	Ollie	Doyle	1	T1643049
82	17.17	Chris	Baynham-Hughes	1	T1643047
83	18.11	Lucia	Brereton	1	1-A-0964818
84	18.11	Isabel	Brereton	1	1-A-0964817
85	18.11	Elena	Garcia-Estrada	1	1-A-0964815
86	18.11	Frank	Brereton	1	1-A-0964816
87	18.12	Lily	Smith	1	T1643015
88	18.12	Kathryn	Gray	1	T1643034
89	18.12	Louise	Gray	1	T1643032
90	18.12	Ben	Smith	1	T1643016
91	18.12	Kathryn	Smith	1	T1643014
92	18.34	Alice	Morphet	1	1-A-0927103
93	18.34	Noah	Morphet	1	1-A-0927108
94	18.34	Elsie	Morphet	1	1-A-0927109
95	18.34	Lynne	Stamp	1	1-A-0955521
96	19.02	Karen	O'Hanlon	1	1-A-0943693
97	19.02	Brenda	Johnston	1	T1643004
98	19.08	Stephanie	Hughes	1	1-A-0933941
99	19.09	Jeanette	Hughes	1	1-A-0926110
100	19.10	Suzanne	Hughes	1	1-A-0926915
101	19.10	Paul	Drewery	1	T1643010
102	20.22	Jamie	Graham	1	1-A-0955385
103	20.22	Colin	Graham	1	1-A-0955383
104	22.00	Olly	Cliffe	1.5	3-B-0930169
105	22.00	Sebby	Cliffe	1.5	3-B-0930170

Helsby Sports Relief 3 Miles - 20th March 2016

1	19.14	Ian	Mayhew	3	3-B-0923127
2	23.52	Chris	Edge	3	T1643023
3	25.56	Peter	Jones	3	T1643059
4	25.57	Henry	Jones	3	T1643060
5	27.12	Charlie	Larkin	3	T1642995
6	27.13	Matthew	Larkin	3	T1642994
7	28.34	Sean	Gibson	3	3-B-0925745
8	28.35	Ben	Gibson	3	3-B-0925744
9	29.59	natalie	cliffe	3	3-B-0930167
10	30.00	Mollie	Stradling	3	T1643001
11	30.01	mark	cliffe	3	3-B-0930168
12	33.48	Jennifer	Taylor	3	T1643041
13	33.49	Mike	Dutton	3	T1643042
14	34.45	Lynda	Robinson	3	3-B-0930345
15	36.55	Sophie	Miller	3	T1643030
16	36.48	Thomas	Miller	3	T1643029
17	36.59	Mette	Miller	3	T1643028
18	42.58	elizabeth	Kerley	3	T1642998
19	44.46	Jess	Gibson	3	6-C-0925746
20	44.47	Sarah	Gibson	3	3-B-0925743
21	45.18	Phoebe	Grindrod	3	3-B-0935559
22	45.45	Harvey	Grindrod	3	3-B-0935558
23	45.46	Caroline	Grindrod	3	3-B-0935557
24	50.20	James	Dineley	3	3-B-0963932
25	50.21	Paul	Devine	3	3-B-0963931
26	56.37	Josephine	Edwards	3	T1643018
27	56.43	Jayne	Edwards	3	T1643017
28	1.02.32	Terry	Byrne	3	3-B-0964372
29	1.02.32	Jane	Devine	3	3-B-0963930

Helsby Sports Relief 6 Miles - 20th March 2016

1	40.58	Matthew	Vaughan	6	T1642992
2	55.59	Simon	Phillips	6	6-C-0949448
3	1.01.38	Mike	Jackson	6	T1642999
4	1.03.16	Julie	Powell	6	6-C-0962630
5	1.03.16	Gary	Dawber	6	6-C-0962590
6	1.46.30	Samantha	Flynn	6	6-C-0959142
7	1.46.30	Conn	Flynn	6	6-C-0956974

Well done to everyone who joined in. Hope you enjoyed it and please keep up the training for next year!
How about joining Helsby Running Club?

<http://www.helsbyrunningclub.org.uk/>

<https://helsbyrunningclub.wordpress.com/>